

## How To Build A Car

Various lines of research have converged around common insights that provide steps to be more creative:

1. Aim for output: Creative geniuses often produce their best works at their times of greatest output. Some pieces may miss the mark, but the quantity of output makes it likely that other pieces will yield great creativity.
2. Be willing to go deep: In the realm of artistic creativity, pioneers often spend time in solitude, feel emotions and sensations deeply, and aren't afraid to self-reflect.
3. Be open and playful: The personality trait most tied to creativity is Openness to Experience—whether that be intellectual, aesthetic, or emotional.
4. Capture your ideas: Remember to record thoughts as they arise so they aren't forgotten.
5. Adopt or hire outside perspectives: It can be difficult to innovate if you become trapped in the rules and language of your domain of expertise.
6. Feel free to procrastinate: If you are motivated to solve a problem, procrastinating, exercising, or sleeping on it can lead to divergent thinking and more possibilities.

## Reference

9 E.T.H.E.R. R.E. ENGINEERING

Professional Engineering Notebook: Graph Paper Notebook Quad Ruled 5x5 for Engineering Students | 120 Numbered Pages | 8.5 x 11 inches | Blue